



GRADE 7

OPTIONS COURSE REQUEST 2023 - 2024



Student: _____

Current School: _____

To assist the school in planning for options courses for next year, students, in consultation with their parents and/or guardians, are asked to complete this request form.

INSTRUCTIONS

- Read the descriptions of the different options available next year from the list below to understand what each option includes
- Band is a full year course. All other options are for one semester, or half the school year.
- Choose 6 options you are interested in taking next year by placing a check mark in the box beside the option.
- You will be randomly assigned 4 out of your 6 choices, unless you choose Band, in which case you will be enrolled in Band and then randomly assigned 3 out of your remaining 5 choices.

IMPORTANT

- If any options course does not have enough students requesting enrolment, that course may not be offered.
- All courses may be subject to change based on available staffing resources for the next school year.
- We will make every effort to ensure students receive the options they have requested; however, some options may have a maximum number of students based on teacher availability, safety, and physical space. As a result, some students may not get all of the options they choose.



Course and Descriptions	Check
Art (Fee: \$30) Student will explore fundamentals of both 2D and 3D Art. Through drawing, students will explore various materials. Painting, will provide students with the opportunity to create using acrylic and/or watercolor paint. In addition, 3D sculptural components will be explored through clay work. Art is all about experimenting; students should not feel like they need “artistic talent” in order to excel in Art!	
Band (Fees: \$100 + Field Trips) Band, or Instrumental Music, offers students more than just the opportunity to learn and play wind and percussion instruments. It is a space where students can feel supported as part of a unique group and thrive, expressing themselves through multiple performance opportunities. Highlights of the year include the Winter and Spring concerts, the Alberta International Band Festival, Band Camp, work with professional musicians, and many other opportunities to demonstrate the leadership, responsibility, and teamwork that band fosters. Students who choose Band need to also understand that practice at home and attendance at morning rehearsals outside of regular school hours is also required.	
Communication Technology (Fee: \$10) Communication and Technology provides students with a hands-on introduction to the basic principles and skills of photography, visual layout, and design. Students discover the impact of various media and develop fundamental skills to relay a message effectively using several forms of visual media. Students will develop photography skills, as well as using different software applications for photo editing and writing.	
Construction (Fee: \$30) In Construction, students will develop their knowledge and skills in designing and building products. Each student will be expected to learn and practice basic shop and workplace safety procedures, as well as safety rules specific to the variety of equipment they will be using. They will work through the design process in both collaborative and individual settings, while learning to use both traditional woodworking hand tools and machinery to bring their ideas to life.	
Design Studies (Fee: \$20) In Design studies, students will develop their skills in designing and building products in response to challenges. They will plan, create and test prototypes they produce using various constructions materials and a 3D printer. Grade 7 students will primarily focus on learning the skills needed to effectively use the technology to create products while developing their understanding of design theory. Students will also work on enhancing their digital literacy through various computer applications and programs as well as an introduction to coding.	
Environmental and Outdoor Education (Fees: Field Trips) Environmental and Outdoor Education (ENVOE) is designed for students interested in learning lifestyle strategies that foster contact with the natural world, encourage responsibility for local and global environments, and encourage living in harmony with others. Students will learn through a variety of different tasks including: journaling, outdoor investigations, outdoor culinary skills, survivor challenges, researching green technologies and alternatives, and discovering how to live sustainably.	
Foods (Fee: \$30) Students will have the opportunity to make a variety of healthy and delicious foods while examining the role of food, looking beyond consumption to production, visual appreciation, nutrition, meal-planning, menu planning, budget, sales, and preparation. Students will also learn about teamwork in the kitchen, kitchen safety, and the safe use of appliances.	
Performing Arts Performing is designed to introduce students to the concept of performance and to provide opportunities for students to develop performance skills in a variety of Fine Arts disciplines. This course provides the opportunity for collaboration between disciplines as an inherent component of performance. The teacher will select units of study that are responsive to the needs and desires of students.	
Training for Excellence in Sport Training for Excellence in Sport (TES) provides opportunities for students to develop and refine competencies that focus on personal development and responsible citizenship through sport. Students develop: leadership and citizenship competencies, athletic and teamwork skills, as well as personal fitness and conditioning. Students will explore what it takes to balance a student athlete lifestyle focusing on exercise physiology, nutrition, time management, and recovery tactics.	